

FREQUENTLY ASKED QUESTIONS

for Clinical Patients

What should I do if I get a negative HPT?

Stop progesterone if you are on it. Call the office with cycle day 1 of your period.

What is considered cycle day 1 of my period?

Cycle day 1 is considered the first day of full flow bleeding. Spotting doesn't count. If you are changing a tampon or panty liner every four hours or more, that is considered full flow.

What should I do if I need a refill of a medication?

First, please check with your pharmacy and see if you already have refills available. We do typically include refills on your medications. If you do not have any refills, please contact our nursing staff.

When am I supposed to take my Femara or Clomid?

Cycle days 3-7, but it can be taken as late as day 5.

When should I order my ovidrel?

Please call and order your ovidrel at the beginning of your cycle so you have it on hand when you come in for your mid-cycle ultrasound.

I haven't heard back from the nurse yet and I left a message a couple hours ago. What should I do?

Please do not call the office multiple times as it delays the response time for the nurse to call you back. The nurses answer calls in the order they are received. If you leave a message between the hours of 8:00 AM - 3:30 PM, a nurse will call you back that same day, it just might be after office hours. Also, please do not email and call the nursing line. This also delays the response time.

I just finished provera for 10 days and I still don't have a period. What should I do?

Please give 2 weeks from the date of your last pill to start a period. If no period after those 2 weeks, call the office for an ultrasound.

When should I get my ORT/Screen Scan ultrasound done?

These types of ultrasounds are typically done by day 5 of your cycle. Preferably between days 2-4.

What time do I take my FSH injections?

Your injections need to be done between 6:00 PM – 10:00 PM. Please stick with the same time each night.

When should I send in my donor sperm order form?

The lab will need you to email this by cycle day 5.

What is the email address to send in my donor sperm order form?

Donorspermorder@mrvf.com

